GO by BIKE Solana Beach

GO By BIKE Solana Beach is a campaign to encourage Solana Beach residents to use their bicycles as a healthy, environmentally friendly transportation alternative. Join in on one of the following activities during National Bike Month and learn how you can use a bike to commute to work, do your local shopping, get to school and recreation.

May 2 (lecture) & May 6 (ride) - Smart Cycling Class

A program to encourage and educate adult cyclists to understand the best practices for cyclists to co-exist safely, responsibly, and legally with motorists on our local roads. The program elements are certified by the League of American Bicyclists and consist of a evening classroom session on May 2 followed by a bike ride around Solana Beach on May 6. For a complete description of the program, go to <u>https://sdbikecoalition.org/smart-cycling</u>. To register visit https://bikewalksolana.org/smartcycling

May 9 - National Bike to School Day

May 13 - Commuter Practice Ride

Learn the most efficient routes for commuting through Solana Beach to various work locations south, north and east and to transit centers for a multi-modal commute combining the bike with bus or Coaster. Get a free iCommute Bicycle Route Map. Experienced, certified instructors will provide tips via teaching moments before, during and after the ride. We will be visiting the local Solana Beach bike shops to learn simple maintenance and see the latest in commuting bikes and gear.

May 18 - Bike to Work Day

May 21 - Community Joy Ride

Solana Beach is a great place to ride a bike so come on out for a Community Joy Ride. The focus here is on just getting around town and riding a bike for fun, health and environment. It is an opportunity for families to ride together and enjoy a sweet treat at the end. This ride will be led by certified instructors.

For more information on these events and BikeWalkSolana visit <u>http://bikewalksolana.org</u> and https://www.facebook.com/BikeWalkSolana/

BikeWalkSolana received a **GO by BIKE** Mini-Grant from the SANDAG iCommute program as part of National Bike Month efforts to encourage biking as an everyday transportation choice. For more information on Bike Month activities, visit icommutesd.com/events/bike-month.





